



Karen Stewart at Candice Berman Gallery

TURBINE ART FAIR, July 2019

Series 5

The Anxiolytic Effect

Series 6

Catch The Feeling

The series of small works I produced for the Turbine Art Fair are all named after the feeling one gets when experiencing the Anxiolytic Effect. The words come from a process I facilitated with a group of psychotherapists who are starting a Psychedelic Substance group in Cape Town. Participants created these words in response to being asked how they felt the first time they had tried a psyche-

delic substance. The John Hopkins Univeristy has a psychedelic Unit which has been operational for 15 years, they have been conducting empherical research on the effect psilocybin has on depression and anxiety. The resluts have been phenomenal, and there are very few negative side effects when compared to the main stream drugs available to treat the same symptoms.

To explore more of Stewart's art:

www.karenstewart.co.za | www.candicebermangallery.com

Get in contact:

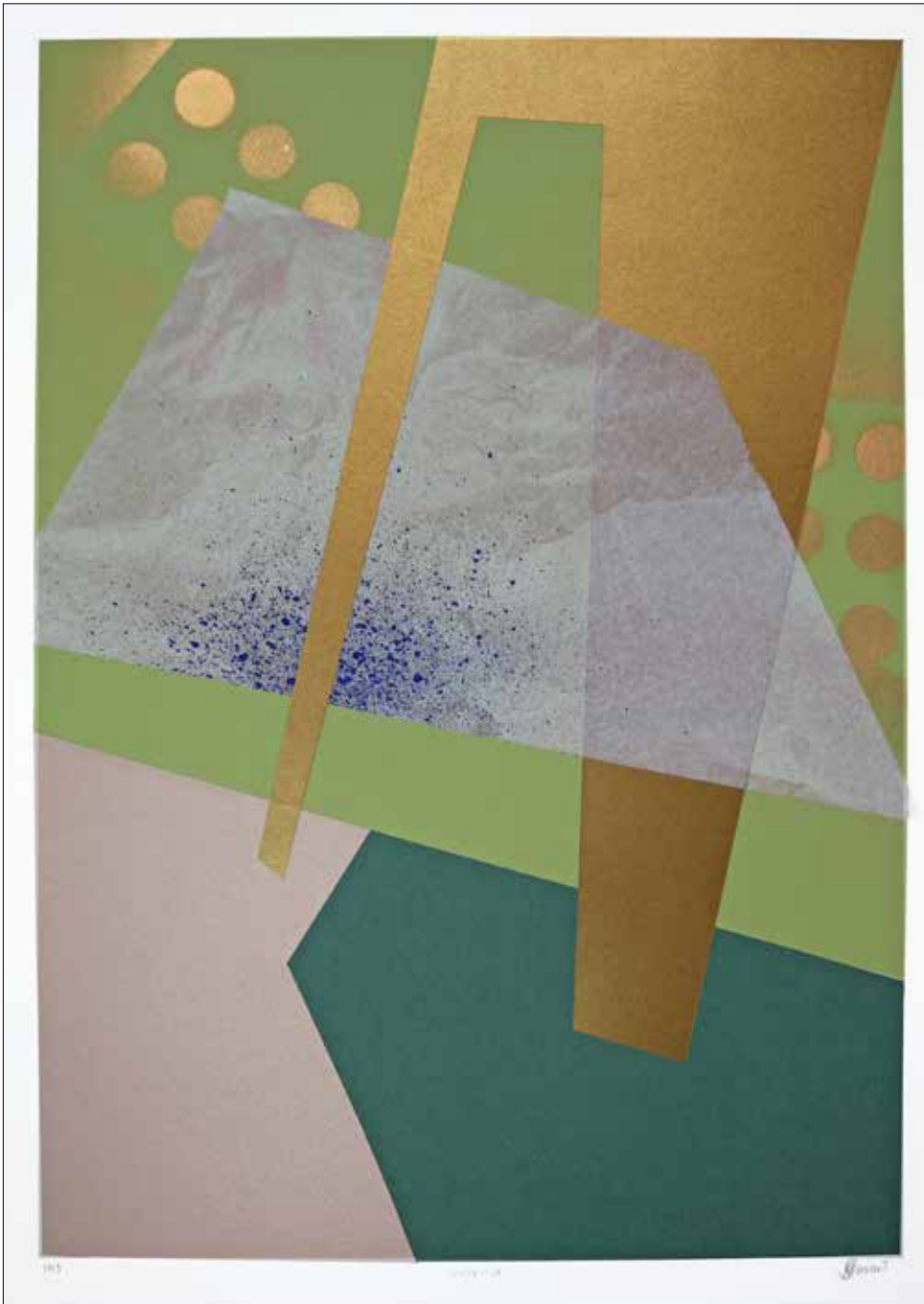
artypty@gmail.com | candicebermangallery.com

Facebook:

<https://www.facebook.com/Studio-Stewart-191709681468179/>

Instagram:

[Karenstewart87](https://www.instagram.com/Karenstewart87)



Living It Up

70 x 50cm

2019

.....
Fine Art papers, watercolour, spraypaint and pencil on
Fabriano Unica 250gsm



Here We Go

43 x 35cm

2019

.....
Fine Art papers, watercolour, spraypaint and pencil on
Fabiano Unica 250gsm



2019

UPSIDEDOWN

Bruna

Upsidedown

43 x 35cm

2019

.....
Fine Art papers, watercolour, spraypaint and pencil on
Fabriano Unica 250gsm



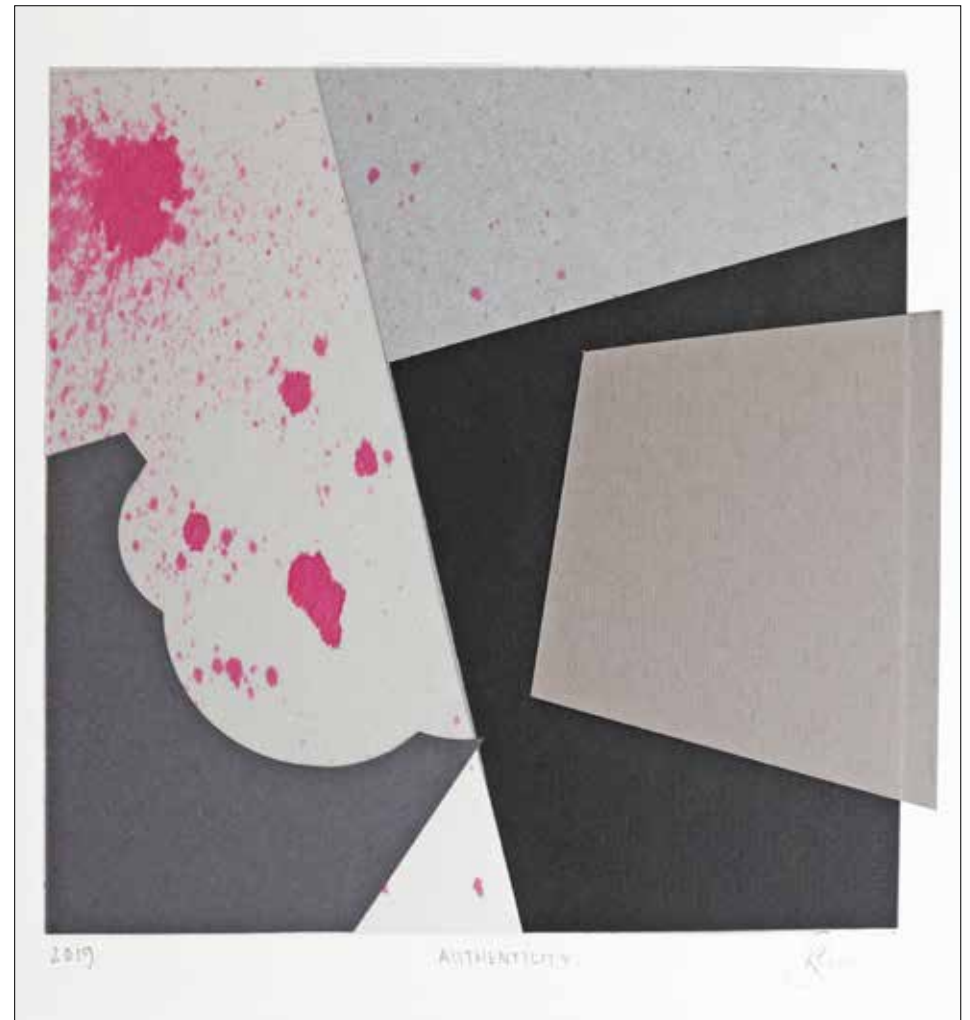
Somewhere Between Here and There 38 x 32,5cm 2019

Fine Art papers, watercolour, spraypaint and pencil on
Fabriano Unica 250gsm



Apprehension 20 x 20cm 2019

Charcoal on Fine Art papers and Fabriano Unica 250gsm



Authenticity 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Awe 20 x 20 cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Connection 20 x 20 cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Deep Knowing 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



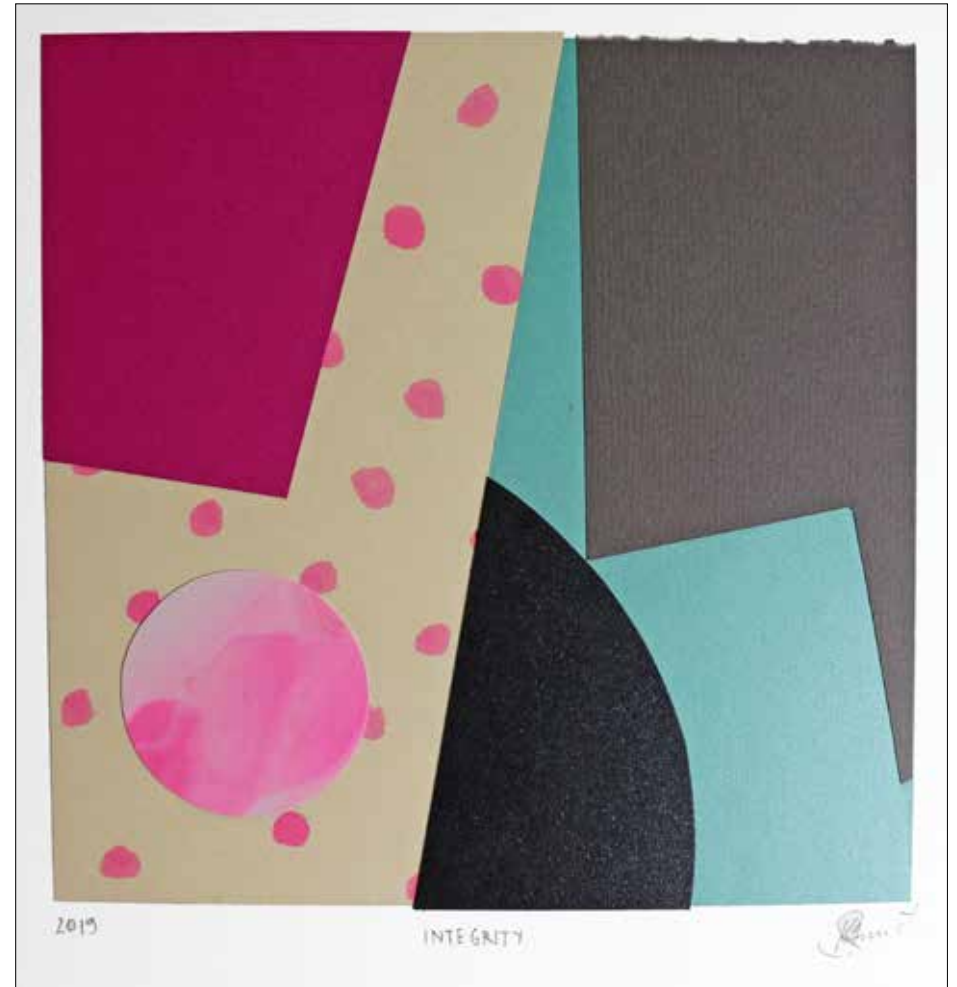
Shift 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Grace 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Integrity 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Joy 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Lost in Thought 20 x 20cm 2019

Fine Art papers, watercolour on Fabriano Unica 250gsm



On Cloud 9 20 x 20cm 2019

.....
Fine Art papers, watercolour and spraypaint on Fabriano Unica 250gsm



Pleased as Punch 20 x 20cm 2019

.....
Fine Art papers, watercolour on Fabriano Unica 250gsm



Release 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Sunny Side Up 20 x 20cm 2019

Fine Art papers, watercolour on Fabriano Unica 250gsm



Truth 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Trust 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



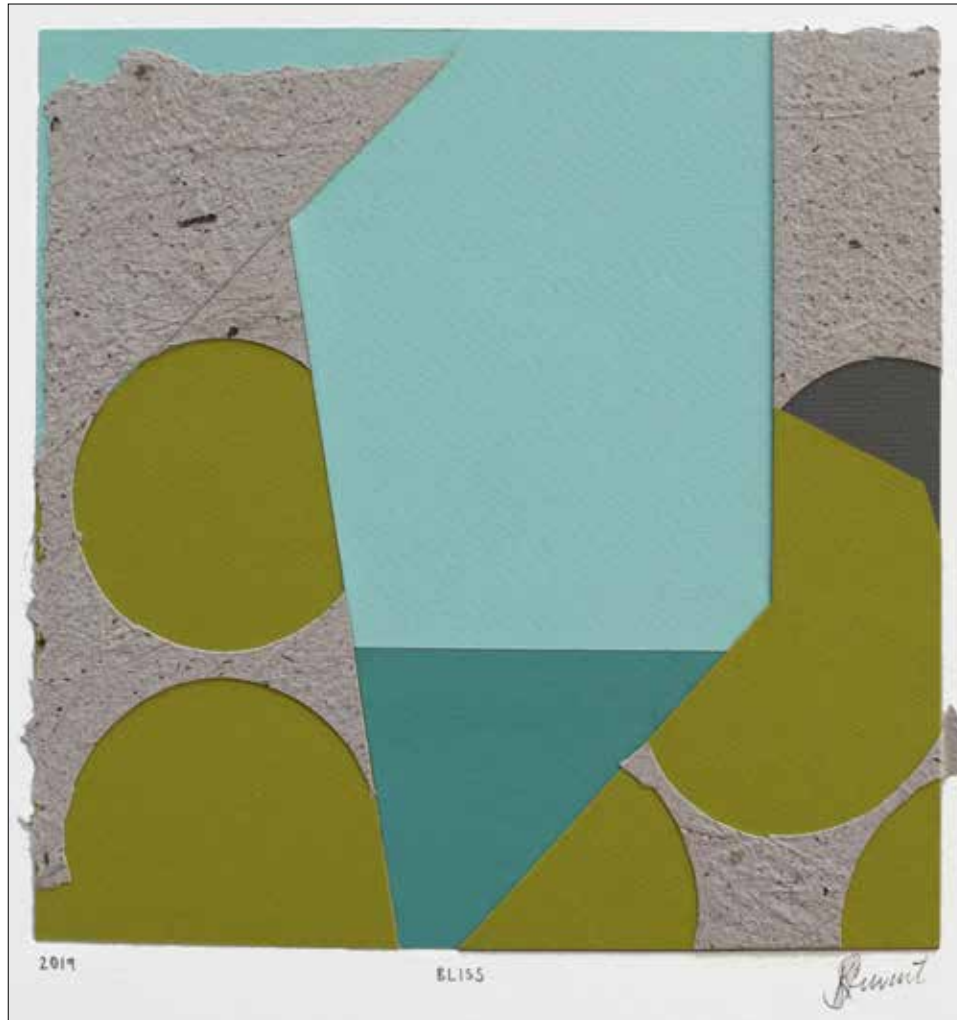
Warrior 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Wonder 20 x 20cm 2019

Watercolour on Fine Art papers and Fabriano Unica 250gsm



Bliss 25 x 25cm 2019

Fine Art papers and Fabriano Unica 250gsm



Freedom 25 x 25cm 2019

Watercolour and spraypaint on Fine Art papers and Fabriano Unica 250gsm



Spirit 25 x 25cm 2019

Fine Art papers and Fabriano Unica 250gsm



Selfless 25 x 25cm 2019

Watercolour and spraypaint on Fine Art papers and Fabriano Unica 250gsm